



## Long Term Plan – PE Scope, Coherence, Sequence and Rigour

	FS 2	Year 1	Year 2
<b>Autumn 1</b>	Ball skills Dance Gymnastics	<b>Football skills</b> Gymnastics	<b>Football skills</b> Gymnastics
<b>Autumn 2</b>	Ball skills Dance Gymnastics	<b>Rugby skills</b> Gymnastics	<b>Rugby skills</b> Gymnastics
<b>Spring 1</b>	Gymnastics Batting skills	Dance Hockey	Dance Hockey
<b>Spring 2</b>	Gymnastics Batting skills	Dance Multi-skills	Dance Multi-skills
<b>Summer 1</b>	<b>Team games</b> Athletics Gymnastics	Athletics Multi-skills	Athletics Multi-skills
<b>Summer 2</b>	Team games Athletics Gymnastics	Rounders skills Cricket	Rounders skills Cricket



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	Year 3	Year 4	Year 5	Year 6
<b>Autumn 1</b>	Football skills Gymnastics	Football skills Gymnastics	Football skills Gymnastics	Football skills Gymnastics
<b>Autumn 2</b>	Rugby skills Gymnastics	Rugby skills Gymnastics	Rugby Skills Dance	Rugby Skills Dance
<b>Spring 1</b>	Dance Hockey	Dance Hockey	Dance Hockey	Orienteering Hockey
<b>Spring 2</b>	Netball Orienteering	Basketball Orienteering	Netball Orienteering	Orienteering Basketball
<b>Summer 1</b>	Athletics Badminton	Athletics Swimming x 2 weeks Tennis	Athletics Badminton	Athletics Tennis
<b>Summer 2</b>	Cricket	Cricket	Cricket	Cricket